



THE UMBRELLA CENTRE OF  
HERNE BAY

ANNUAL REPORT  
2021-2022

*Improving mental health in the  
community*

**Charity Registration Number 1179153**

**Our Trustees**

Chair: Rosalind Broad  
Treasurer: Mike Ketchum  
Trustee: Linda Edwards  
Trustee: Sheila Beevor  
Trustee: Sara Moreland

**Our Staff**

Coordinator: Matt Healy  
Session Workers: Laura Powell  
Matt Healy  
Linda Cornelius  
Stephen Brockett  
Hayden Saveall

**Our Volunteers**

Sessions: Wendy Furnival  
Sue Inkpen

**Bankers:** CAF Bank Ltd, 25 Kings Hill Avenue  
West Malling, Kent ME19 4JQ

**Registered Office:** 54 William Street, Herne Bay, Kent CT6 5PB

## Constitution

Having originally registered as a charity on 10 March 2004, the Umbrella Centre converted to a Charitable Incorporated Organisation (CIO) on 11 July 2018.

An amended constitution was adopted on 30 May 2018.

## Trustees

Trustees may be appointed during the year and then elected at the Annual General Meeting. Prospective Trustees are identified via a search of local organisations, contacts, supporters and beneficiaries as well as via local publicity. All Trustees receive an introduction to the Charity and can access local training. The Charity keeps up to date on requirements and best practice affecting trustees.

## Reserves

The Trustees hold reserves in order to cover unforeseen financial difficulties, particularly should the income from grants be lower than expected. They are always conscious of the fact that income can vary significantly from year to year.

In addition they designate funds to cover the costs that would be incurred in the event of the Charity's closure.

## Public Benefit

The Trustees have complied with their duty to have regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

## Aims and Objectives

The Charity's objectives are to promote any charitable purpose for the benefit of the inhabitants of Herne Bay and surrounding areas, in particular to relieve mental sickness, disability or disorder, protect and preserve mental and emotional health and stability and to provide a community centre with facilities for recreation, education and general care. The Charity meets these objectives by providing a range of groups and activities from its Centre along with regular outings and external activities.

Signature of Trustee: *..Rosalind M Broad.....*  
(Signed on behalf of the Trustees)

Date: *..22/11/2022.....*

Name: *..Rosalind M Broad.....*

Position: *.....Chair.....*



## Chairman of Trustees' Report

As Chair of the Trustees of the Umbrella Centre of Herne Bay it gives me great pleasure to report on the achievements of our last year from March 2021 to March 2022.

Our Centre provides much needed support to the people in our community who are experiencing mental health issues and those with learning disabilities. As you are all aware, this year has continued to be problematic because of the Covid19 Pandemic. We have continued to offer virtual groups which have proved extremely popular and they have evolved into much appreciated peer support. The Centre has now re-opened for face-to-face sessions but two virtual groups each week continue at the service users' request.

Despite these extremely difficult and uncertain times we have been determined that our service will continue to help and support the disadvantaged and vulnerable in our society.

I would, therefore, like to express my sincere thanks to the staff, volunteers and trustees for all they have done to enable us to survive and continue the work of the Umbrella.

We are fortunate to have an excellent staff team led by Coordinator Matt Healy. Sadly Hayden left us during the year to take up a full time post elsewhere and he is greatly missed. However we are pleased to have recently recruited Rachel who is very enthusiastic about our work. We also have our dedicated volunteers who work alongside staff to provide a wide variety of activities.

Our committed board of trustees meet regularly to support the work of the Centre and ensure things continue to run smoothly. At the end of this year Sara Moreland made the decision to step down as a trustee due to work and family commitments. We will miss her invaluable support and expertise but we are delighted that she has offered to remain involved informally to provide guidance and advice.

James Walker has decided not to renew his contract with us working on bid writing, monitoring reports and governance due to the increase in his other work. We continue to work in partnership with Shaw Trust to deliver the Live Well Kent programme.

As many of you will be aware we rely heavily on our fund raising efforts to help us maintain the essential services that we provide and I would like to say a very big thank you to each and every organisation, large and small, that has contributed to our continued success in the past year. All such donations are extremely important to us, as are the private and anonymous donations, and they really help us to make a difference to the lives of the people supported by the Centre.

No report on the year would be complete of course without mention of our members at Umbrella and what they contribute to the life of the Centre. We try at the Centre to provide a path for people to escape from the isolation of mental health problems and to help them find friendship and support both in the Centre and in the wider community. Our members are a testament to the success of those aims. They are the force behind many of our initiatives, their own fund raising efforts have been phenomenal and the support that they give to one another in times of difficulty is exceptional

Ros Broad

## Coordinator's Report: 1/4/2021 – 31/3/2022

When we re-opened the Umbrella Centre after the Covid pandemic restrictions we continued with our zoom sessions including the book club and social session (coping with covid). We have had people within those groups build on their friendships and create other sessions where they meet up independently. This is a great positive outcome from Covid.

Our trips out have proved popular with regular trips to the cinema along with the Horsebridge Arts Centre in Whitstable.

Members have continued to return and make use of the centre.

We won a grant from The Co-op which enabled us to buy lots of furniture for our little back garden. We have four new planters in which we grow our vegetables to eat and flowers to brighten up the place. This has proved very popular and we now have a regular gardening group.

Christmas was busy! We had a wonderful party where our members joined in with games, a raffle and eating lots of good food. Members also brought some food in for sharing.

We had our Christmas dinner which was fully booked (as usual). We decorated the tables and everyone really enjoyed each other's company. Staff and volunteers joined in with the eating after spending the whole morning cooking.

We have noticed an uptake in new members since our re-opening after Covid. The new members have fitted in very well and have been made to feel welcome by our regulars.

We have introduced a monthly raffle in which the prize is a £15 voucher to spend in any shop they like.

We also have a dedicated zone-out session where three members sit down with incense sticks, comfortable seats and headphones through which we play progressive house dance music. This has proved to be

something that members really like. We would like to expand on this in the future.

An exercise session has been introduced (weather permitting) outside the centre in the back garden. It is a light session but our members have really been enthusiastic about it.

We have a new member of staff, Rachel, who has settled in quickly and the members really like her. She has built up strong relationships with the members.

We continue to work with Shaw Trust and the Live Well Kent programme.

Our popular music session is back in full force. All our original music members have returned now along with quite a few new service users.

The decision to keep some of our zoom sessions, even when we reopened, has been a positive outcome of the pandemic which means we continue to support people who didn't like going out pre and post pandemic.

I think we achieved a massive amount with our regular phone calls and video calls during the 'lock-down' period. We managed to keep members positive and many of them have gained in confidence and increased their friendship groups and support for each other.

**Matt Healy**

# Treasurer's Report

Treasurer's Report for year ended 31 st March 2022

The year to 31 st March 2022 was again affected by the Covid pandemic, with face to face sessions not possible for some of the year. Financially, the government Job Retention scheme repaid some of the costs of salaries for staff unable to work, and this reduction in salary cost allowed the Umbrella Centre to again make a small surplus of income over expenditure for the year in question.

The return to full operation and full costs again highlighted the difficulty of raising sufficient funds to guarantee the continuation of services that the Umbrella Centre currently provides. Future years are likely to see an increasing deficit and, whilst reserves are adequate for the near future, the trustees continue to research, seek out and discuss alternative ways in which the charitable purposes of the Umbrella Centre can be best provided in the longer term. This encompasses seeking out grant opportunities to cover costs and also the possibility of reconstruction, alliances or partnerships with other, perhaps larger and better funded organisations with similar aims.

I would like to thank our loyal supporters and our volunteers who make our work possible, and all those organisations who have given grants supporting our services and core costs. I would also like to again thank Nigel Beevor for reviewing the accounts and offering an independent professional view of them. Charities like ours depend very heavily on the goodwill of individuals and organisations willing to give time, effort and money to achieve their aims. Thank you all.

Mike Ketchum

Treasurer

The Umbrella Centre of Herne Bay  
Accounts for the year ending 31/03/2022

**Income**

	<b>2021/22</b>	<b>2020/21</b>
Grants and Contracts	68967.5	70400
Donations & Fundraising	4095.26	3786
Interest on Deposits	603.4	682
<b>Total Income</b>	<b>73666.16</b>	<b>74868</b>

**Expenditure**

Salaries	Total Salaries	43030.22	
	JR Income	8540.06	
	Net Salaries	34490.16	24255
Rent		6000	6000
Utilities		1452.24	377
Contracted Services		15600	19850
Insurance		1390.87	235
Telephone		552.81	1196
Other		569.15	1488
<b>Total Expenditure</b>		<b>60055.23</b>	<b>53401</b>
<b>Surplus for the Year</b>		<b>13610.93</b>	<b>21467</b>
Balance of Bank Accounts 31/03/21		101427.59	
Surplus to 31/03/22		13610.93	
<b>Balance at 31/03/22</b>		<b>115038.52</b>	

**Cash & Bank Balances at 31/3/2022**

CAF No 1 Current	39656.61
CAF Deposit	20209.58
Saffron Building Society	55148.54
Petty Cash	23.79
<b>Total Cash Assets</b>	<b>115038.52</b>

**Treasurers Note**

The Umbrella Centre again made a small surplus over income over expenditure. The Centre was again shut for long periods, and some payroll costs were recovered against the government job retention scheme. Reserves remain healthy, but income generation is difficult and there is a clear need to develop strategies to ensure the long term provision of our charitable services



## **Funders and Supporters**

The Umbrella Centre of Herne Bay would like to thank everyone who has supported it throughout the year.

We should like to mention:

Colyer Ferguson

Edward Gostling

BBC Children in Need

Live Well Kent/The Shaw Trust

Kent Community Foundation

Co-op Local Community Fund

A special thank you to all our Volunteers and Trustees, and their families, for their continued and invaluable support.

### **Offering Support**

If you would like to support the work the Centre undertakes, either in donations or with your time, we would be delighted to hear from you.

Please contact Matt Healy at the Centre.

Telephone: 07517 974517

The Umbrella Centre of Herne Bay, (Reg. Charity No. 1179153)  
54 William Street, Herne Bay, Kent CT6 5PB

01227 9075327